# Mount Pernon Gazette



Mount Vernon's Hometown Newspaper • A Connection Newspaper

October 3, 2019

# Uncertain Future for Popular Golf Spot

By Mike Salmon THE CONNECTION

he Top Golf facility in Kingstowne may be going away soon, as the landlord looks for other options for the land, which may include new housing in the Top Golf space on South Van Dorn Street and Kingstowne Village Parkway, right behind Edison High School.

It's not that simple though, said Supervisor Jeff McKay (D-Lee), who would like to see Top Golf stay but realizes it's not a county decision. It's the case of a private landowner lease to a private tenant, he said. "I'd be perfectly content if they stayed there forever," McKay said. "We have no control over it, the by-right plan is not desirable," he said. By-right development means the landowner has the right to develop the land as they wish providing it is within current zoning parameters.

The Top Golf facility in Kingstowne is reportedly the first Top Golf facility in this area, as is stated on the sign above the Pro Shop door. It has been at this location for years, and has a sports bar and miniature golf as part of the facility. But Top Golf is a nationwide company and the blueprint for new Top Golf facilities that are currently being built are bigger than the property in Kingstowne.

McKay pointed out the new Top Golf at National Harbor, which is much bigger, has a grandiose entrance that looks more like a professional sports venue, and can handle more people. There are several eating and drinking areas, some with computer games and pool tables. When the National Harbor venue opened, "they knew ultimately that place [Kingstowne] would cease to exist," McKay said.

If the 275 residences are built, as the Fairfax County Board of Supervisors meeting announcement sign says, that

already crowded corridor there on South Van Dorn Street. The light at Van Dorn Street and Franconia Road is a few hundred yards from the Top Golf, and traffic



PHOTOS BY MIKE SALMON/THE CONNECTION Golfers can hit a bucket of balls

while enjoying a beverage, or there is a computerized golfing game they can play at the range as well.

will bring about 500 additional cars to an Franconia, but that is years away, and the traffic maintenance involved with a project like that is a thing that brings nightmares to the local commuting scene.

ing

McKay and his staff have looked at the

Signs first came out at the course in late September but the issue may not be resolved until next year.

backs up there on

a daily basis. There

is talk of redoing

that intersection,

with Van Dorn go-

under

potential traffic among other things when they came up with an alternate plan, but the first plan was shot down in the planning meeting. It's back to the drawing board to think of some new planning language before presenting it again.

"Everything is on hold," McKay said, including the issue coming before the Board of Supervisors on Oct. 29. McKay thinks it will get rescheduled and nothing will happen until at least next winter. "The county plays no role in the lease,' McKay said.

#### Golf as a Sport

For golfers in this part of Fairfax County, this is the sec-

ond closing of a golf facility in recent years. The Hillside Golf Course on Telegraph Road was closed a few years ago to make way for a residential complex of condominiums and townhouses aimed at the 55+ crowd. That golf course had nine holes that were built atop a recycled trash dump, and each hole had an alternate set of tees so it could play like an 18-hole course. The course was open

SEE GOLF, PAGE 4

# Violation of Policy in Turning Resident over to ICE

Ed Roessler: On Saturday, Sept. 21, 2019, at 2:46 p.m., a FCPD officer was handling a traffic accident at Harrison Lane at South Kings Highway in the [Groveton] Alexandria section of the county.

tatement from FCPD Chief

The officer found that one driver did not have a Virginia Operator's license and obtained the driver's information to conduct a check to verify the DMV record. During the query of the driver's information, the officer received notification from the Immigration and Customs Enforcement Agency (ICE), that the driver was wanted by ICE for an administrative violation warrant on file for the failure to appear for a deportation hearing.

The officer then confirmed the information through the Fairfax County Department of Public Safety Communication's Teletype Section, which is responsible for verification of all warrants with the originating agencies.

The officer then contacted the ICE agent that was listed as the point of contact on the confirmation of the warrant. The ICE agent advised the officer that they were close by and responding to the location of the traffic crash.

The FCPD officer then issued a uniformed summons to the driver for not having an operator's license. The driver signed the summons. However, the officer then decided to detain the driver through a custodial detention and turned over custody to the ICE

Since 2007, the FCPD General Order 601-Arrest procedures (VIII c. 5. e.) is very clear on this mat-

If the response reads "OUT-STANDING ADMINISTRATIVE WARRANT OF REMOVAL" and the individual is not in custody or being taken into custody for any other violation of law, officers shall not confirm the hit through LESC and shall not take the individual

into custody based solely upon the IVF hit. The majority of such administrative warrants represent civil violations of immigration law.

In addition, training at our Academy, as clearly outlined in lesson plans, as well as in-service training reinforces to our personnel that we do not enforce nor detain for administrative warrants and we have no authority to enforce federal law. We have also been working closely with community members and advocates to review our General Orders in this regard As a matter of full transparency to our community - our police officer violated our longstanding policy and deprived a person of their freedom, which is unacceptable. We have been informed by ICE that the driver was released after three hours and issued an ankle monitor. When I learned of this event, I directed an immediate internal investigation to look at all factors in this matter to ensure that all are held accountable for this violation. Our county is one of the most diverse counties in the nation and no one should have the perception that FCPD is acting as a civil immigration agent for ICE. This matter damages our reputation and the longstanding policy that I have stated many times that our officers shall not act as immigration agents. The officer involved in this event has been relieved of all law enforcement duties pending the outcome of this investigation. It is my role as the leader of this police force to enforce our FCPD and Fairfax County - policies and hold all accountable for their ac-

"Our police officer violated our longstanding policy and deprived a person of their freedom, which is unacceptable."

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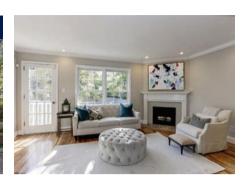
#### Belle Haven | \$1,340,000

This gracious Colonial-style, 3-level brick home with lower level walk-out is functionally superior & energy efficient! 4 bedrooms, 3 baths on upper level; in-law suite & over-the-top Liebherr/Wolf kitchen. Brick patio & inviting screened porch! Janet Caterson Price 703.622.5984 www.JanetPriceHomes.com



#### Hollindale | \$998,500

This beautiful home is nestled into the hillside with gorgeous tree top views, a brick terrace spanning the front, private tiered deck in back and a bright and open floor plan. 7 bedrooms, 6.5 baths & 2 wood burning fireplaces. 1601 Hollindale Drive Robin Arnold 703.966.5457 www.RobinArnoldSells.com



#### **Yates Gardens | \$929,000**

Exceptionally bright & stylish townhome. Open concept with chef's kitchen, gleaming hardwoods and fireplace. The upstairs has 3 charming bedrooms. Lower level family room is completely renovated. Gorgeous private brick patio. Colleen Coopersmith 703.338.2930 www.ColleenCoopersmith.com



#### **Del Ray | \$899,900**

3-bedroom, 2.5-bath home in Del Ray! Living room leads to serene, private deck. Upgraded kitchen, large main floor master suite & separate office. Finished lower level family room. Large bedrooms and study upstairs. 2211 Commonwealth Ave. Jen Walker 703.675.1566 www.JenWalker.com



#### **Alexandria | \$833,900**

NEW PRICE! 5,000-SF, 5-bedroom, 4.5bath colonial on 1/3 acre. Lower level rec room and au pair suite. 2 car attached garage. Private back yard with hot tub. \$100 Amazon drawing at open house. 4112 Ferry Landing Road

Kristen Jones 703.851.2556 www.KristenJones.com



#### **Hollin Hills | \$819,900**

Serene and stylish one level Goodman contemporary. 4-5 bedrooms, 2 renovated baths, remodeled kitchen. Many updates: roof, windows, floors & more. Beautifully sited on a flat yard with new wrap-around patio & outdoor spaces. 2400 Elba Court Jodie Burns 571.228.5790 www.JodieBurns.com



#### Lorton | \$375,000

Completely refreshed 3-bedroom, 3.5bath, 3-level end unit with private fenced yard. New carpet, new paint, granite counters, and gas cooking! Close to Fort Belvoir and commuter routes. 2 assigned parking spaces at door. 7415 Larne Lane Rebecca McCullough 571.384.0941 www.RebeccaMcCullough.com



#### **Old Town** \$1,800,000

Uniquely historic and modern, this southeast quadrant home has the best of both worlds. The character and charm of the past combined with its

sophisticated updates have created the glamorous residence that it is today. 3 bedrooms, 3 bathrooms. 212 S Royal St.

Lisa Groover 703.919.4426 www.LisaGroover.com



#### **Old Town** \$734,990

Classic 2-bedroom, 1.5bath townhouse. Beautifully upgraded kitchen with custom cabinets and professional grade appliances.

Updated bathrooms, new hardwoods on main floor, private fenced in patio in serene courtyard. New siding. Walk to all that Old Town has to offer! 418 Gibbon St.

Jen Walker 703.675.1566 www.JenWalker.com



www.AnnDuff.com

#### Nethergate \$699,000

Bringing you wonderful Nethergate news, again. I've just listed another popular Snowden model townhouse boasting 3 bedrooms, large

kitchen opening to patio, brick exterior, 2-off street parking decals & best north Old Town location. 1123 Michigan Court

Ann Duff 703.965.8700



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# Love and Celebration of Books

'Fall for the Book' includes book prize for immigrant writers who illuminate the human experience.

> BY DAVID SIEGEL The Connection

orthern Virginia's book lover's dream, the annual "Fall for the Book" returns for its 21st time. "Fall for the Book" is a major stop on literary tours for the best of America's authors and local authors alike. It is Northern Virginia's oldest and largest festival of literature and arts.

About 150 authors will take part in readings, discussions, and performances at the 2019 Book event along with the thousands of guests anticipated.

"Fall for the Book" is also hosting the award ceremony for a book prize for immigrant writers who illuminate the human experience as told by immigrants. The Institute for Immigration Research New American Voices Award will announce the award.

A wide range of local Northern Virginia writers will be at the Festival.

Mia Garcia was born in San Juan, Puerto Rico and resides in Fairfax Station. She will be a on a panel titled "Diverging Roads: Teenagers Face Choices

and Consequences." Garcia will chat about her book "The Resolutions." It is about four best friends trying to help each other meet the challenges of growing up in a complex, bumpy world. In an interview, Garcia indicated her aim includes reaching out to



Earl Smith, author and presenter at 2019



Angela Hattery

Angela Hattery, author and presenter at 2019 Fall for the Book. Fall for the Book.



Mia Garcia, author and presenter at 2019 Fall for the Book. LatinX teenagers who may not see themselves depicted in literature and the arts.

Angela Hattery, GMU Professor and Director of the Women & Gender Studies Program and Earl Smith Emeritus Professor of Sociology and the Rubin Distinguished Professor of American Ethnic Studies at Wake Forest University will lead a session titled "Gender, Power & Violence in the #MeToo Era." The session will examine institutions and why violence happens within them. The institutions could be

college campuses, Hollywood, prisons or the military as examples. Hattery and Smith will discuss issues such as "institutional betrayal ... in these pillar institutions" and why people may not want to talk about them in public. Yet, as Hattery



John Mason, author and presenter at 2019 Fall for the Book (center at front) riding the rails on duty in Vietnam, 1965.

### Where and When

"Fall for the Book" events are at George Mason University's Fairfax Campus, 4400 University Drive, Fairfax, and at other locations throughout Northern Virginia. "Fall for the Book" runs Oct. 10 to Oct. 13, 2019. Events are free and open to the public. For details about sessions including author bios go to https://fallforthebook.org/ or call 703-993-3986. Notes: "Fall for the Book" venues are wheelchair accessible. The "Fall for the Book" is partnering with the City of Fairfax's Fall Festival on Saturday, Oct. 12, 2019.

noted, "turn on the news each day, it is

John Mason (Fairfax), a retired career Army Officer will share his personal story with his book "Riding the Rails in Vietnam1965" as a starting point for the "Vietnam in Words" session. Mason served his initial Vietnam tour with the US Military

Assistance Command as an advisor to a Vietnamese railway security battalion. Mason will discuss the "cross cultural challenges" and "need for patience and understanding" when working in an environment unlike the United States; the requirement to be "receptive to another culture"

# High Voltage Drama, Passionate Voices and Music

## Virginia Opera's 'Tosca' arriving at Center for the Arts.

he full force of heightened emotions and stupendous music is what is in store for audiences when Virginia Opera brings its production of Giacomo Puccini's "Tosca" to the Center for the Arts.

Puccini's "Tosca" features some of his most acclaimed, best-known lyrical arias. "Tosca" is set in Rome on the brink of military invasion with a trio of tragic figures a heroic painter, Cavaradossi; his jealous lover, Tosca; and a sadistic Police Chief, Scarpia, who sets the plot in motion.

"'Tosca' defines a sensibility that is as torrid and tension-filled as opera comes. It contains an energy that has helped define the greats who have sung the roles of Tosca, Cavaradossi, and Scarpia," said Lillian Groag, director.

"The themes of 'Tosca' - abuse of power, loyalty, betrayal - will undoubtedly resonate to anyone with open eyes. This is of course a timeless story, but one decidedly for now," said Adam Turner, artistic director and conductor. "These timeless stories and great works of art remind us of the everevolving nature of the human experience and our roles within it.

"losca" is a highly dramatic story full of passion and tension, a rollercoaster ride of emotions from the first bombastic notes of the opening curtain to the final measures of the tragic climax," added Turner. "It will leave audiences gasping in utter delight, blissfully transported by this rapturous score

and the masterful singing on display.Ó

Virginia Opera's production features debuts by soprano Ewa PBonka as Floria Tosca and bass-baritone Kyle Albertson as Scarpia with the return of tenor, Matthew Vickers as Cavaradossi. "There are not too many operas which grab your attention from beginning to the end. It allows the audience to witness very fast dramatic action, almost without interruption, as it is in the film genre," said Plonka

"I would like people to lose the fallacious idea that opera is some sort of 'elitist' form of entertainment designed only for the 'initiated' and to realize they've had a rowdy good time. 'Tosca' moves like a house on fire,"oadded Groag.

#### Where and When

Virginia Opera presents "Tosca" at Center for the Arts, George Mason University, 4400 University Drive, Fairfax. Performances Saturday, Oct. 12 at 8 p.m. and Sunday, Oct. 13 at 2 p.m. Tickets: \$110, \$70, \$40. Call 888-945-2468, or visit www.cfa.gmu.edu. Notes: Sung in Italian with English supertitles. A pre-performance discussion begins 45 minutes prior to the performance, located on Monson Grand Tier. Seating is limited and opens 15 minutes before the pre-performance discussion.

Virginia Opera President and CEO, Russell P. Allen said: "We are absolutely thrilled to launch our 2019–2020 Season with 'Tosca' and to do so with the incomparable Lillian Groag as its director. It's exciting to have her revisit the title that was her very first production at Virginia Opera. 'Tosca' promises audiences a truly memorable tour de force season debut."



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# News

# Uncertain Future for Popular Golf Spot

From Page 1

a few years and originally there were plans for a bigger course, with golf course homes, but this was

This situation with land development and golf courses is a nationwide challenge, said Jay Karen, the CEO of the National Golf Course Owners Association. The amount of land it takes isn't economically feasible, especially given that the up and coming generation hasn't adopted golf like previous generations.

The NGCOA number have shrunk about 10 percent in the last 15 years, and the "association mirrors it's market," Karen said. In 2005-2006, golf hit its highwater mark, which was right around when Hilltop opened, but it went down from there. "More demand could solve a lot of problems," he said.

The new homes now at the site near Jeff Todd Way are called The Crest at Alexandria, and it consists of single-family homes, elevator townhomes and condominiums "from the low \$400's," the website states. The condominiums are a "55+ Active Adult Lifestyle community."







# **Public Meetings**

#### 2019 Fall Transportation Meetings

You are invited to participate in public meetings held by the Commonwealth Transportation Board. The meetings will begin with a brief open house followed by a public comment period. At the open house you can learn about various transportation initiatives, including:

- Adjustments to Virginia's project prioritization process (SMART SCALE)
- Virginia's Statewide Transportation Improvement Program
- VTrans Draft Mid-term Transportation Needs (Virginia's Statewide Transportation Plan)
- Adjustments to the Highway Safety Improvement Program.

Representatives of the Office of Intermodal Planning and Investment (OIPI) and Departments of Transportation and Rail and Public Transportation will be in attendance to highlight their transportation programs and discuss your ideas and concerns about Virginia's transportation network. The open house will be followed by a public comment period, during which you may provide comments about the various initiatives. Comments will be accepted at the meeting and may also be submitted via email or online at www.CTB.Virginia.gov.

#### Meeting Dates and Locations Open House begins at 4 p.m. in each of the locations unless otherwise noted.

| Tuesday, October 15, 2019* Richmond District Richmond Marriott Short Pump 4240 Dominion Boulevard Glen Allen, VA 23060 *This meeting will also provide opportunity for comment on the I-95 Corridor Study Plan | Tuesday, October 22, 2019** Northern Virginia District Northern Virginia District Office Potomac Conference Room 4975 Alliance Drive Fairfax, VA 22030 **meeting begins at 6 p.m. | Monday, October 28, 2019*** Staunton District Doubletree Hotel Harrisonburg 1400 E. Market Street Harrisonburg, VA 22801 ***meeting begins at 3 p.m. |
|--|---|--|
| Wednesday, October 30, 2019 Salem District Holiday Inn Valley View 3315 Ordway Drive Roanoke, VA 24017   | Monday, November 4, 2019 Lynchburg District Lynchburg District Complex Ramey Memorial Auditorium 4303 Campbell Avenue Lynchburg, VA 24501   | Wednesday, November 6, 2019 Hampton Roads District Hampton Roads District Office 7511 Burbage Drive Suffolk, VA 23435                                |
| Thursday, November 7, 2019 Bristol District Southwest Virginia Higher Education Center One Partnership Circle Abingdon, VA 24210   | Tuesday, November 12, 2019** Fredericksburg District James Monroe High School 2300 Washington Avenue Fredericksburg, VA 22401 **meeting begins at 6 p.m.                          | Wednesday, November 13, 2019 Culpeper District VDOT Culpeper District Office 1601 Orange Road Culpeper, VA 22701                                     |

Fall meeting materials will be available at http://www.ctb.virginia.gov/planning/fallmeetings/ beginning October 15, 2019.

You may submit comments on any transportation projects and initiatives to OIPI Deputy Director Ronique Day, 1221 E. Broad St., Richmond, VA 23219 or PublicComments@OIPI.Virginia.gov. Comments will be accepted until November 30, 2019.

The Commonwealth is committed to ensuring that no person is excluded from participation in, or denied the benefits of, its services on the basis of race, color, or national origin, as protected by Title VI of the Civil Rights Act of 1964. If you need further information on these policies or special assistance for persons with disabilities or limited English proficiency, please contact the Virginia Department of Transportation's Title VI Compliance Officer at 804-786-2730 or the Virginia Department of Rail and Public Transportation's Title VI Compliance Officer at 804-786-4440 (TTY users call 711).

# Police Body Worn Cameras Approved

### Full implementation to take three years.

academic study, the Board of Supervisors to day approved full implementation of body worn cameras (BWC), which is expected to begin in May 2020 and take three years to phase in countywide.

The Reston, Mason and Mount Vernon district stations, which participated in the 2018 pilot, will be the first three stations implementing the program. A fully implemented BWC program will consist of 1,210 cameras issued to all district stations and other key operational staff. One-time funding is included in the Fiscal Year (FY) 2020 budget and baseline funding will be included in the FY 2021 budget and in future years, as required.

BWCs have many potential benefits and have been adopted by numerous other police departments and localities.

Most importantly, BWCs are a tool intended to build and sustain trust between the community and police and enhance police legitimacy. Trust is the foundation of effective policing and has served the department and the county well in creating a safe community through co-production of public safety and engagement.

An investment in BWCs is intended to provide a tool designed to enhance transparency and accountability and help bridge any lack of trust and confidence in our department.

At the July 9, 2019 Board of Supervisors' Public Safety Committee meeting, Chief Edwin C. Roessler

ollowing a 2018 pilot program and rigorous Jr. and representatives of an American University research team presented a study of FCPD's body worn camera (BWC) pilot project, which took place March 3 to Sept. 1, 2018. The pilot included 203 body worn cameras distributed to trained officers at three district stations: Mason, Mount Vernon and Reston, as well as a sampling of Motor Squad officers and Animal Protection officers.

> The American University research team surveyed community members and police officers to determine what effect the cameras had on police activity and perceptions of police legitimacy in the community. In addition, they analyzed data regarding the number and nature of complaints against officers from this time period.

Key findings of the study include:

- ❖ There was overwhelming support among community members for the widespread adoption of body
- ❖ The majority of community members who interacted with police officers during the pilot program reported feeling positive not only about the personal experience but also about FCPD as a whole.
- There was no evidence that the presence or absence of a body worn camera during a police interaction had an impact on community member's satisfaction with FCPD.
- ❖ There was consensus among the officers involved in the pilot that body worn cameras will increase the gathering of evidence and help settle complaints

SEE POLICE, PAGE 7





# SHOP LOCAL FIRST



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Find local businesses at www.MtVernon-LeeChamber.org 703-360-6925

Monthly Networking

Second Thursday Business Breakfast 2nd Thursday of each month 8:00 am to 9:30 am Belle Haven Country Club

MOUNT VERNON-LEE CHAMBER OF COMMERCE 6821 Richmond Highway / Alexandria, VA 22306



# **Rex Reiley RE/MAX Allegiance**

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Alex/Oxford \$1,149,900 4201 Kimbrelee Court Spectacular all-brick colonial home w/2 car garage on a cul-de-sac in exclusive Mt. Vernon waterfront community of Oxford. Partial water views and a beautiful multi-tiered deck. Five bedrooms & 4.5 baths. Grand 2 story foyer entryway. Large eat-in kitchen w/numerous upgrades & double butler pantry. Formal living &

dining rooms. Family room off kitchen w/brick fireplace. Library on main level w/built-in bookcases. 4 bedrooms & 3 baths on upper level, huge master suite w/large luxurious bath. Fully finished lower level w/5th bedroom & full bath, exercise, tv, & game rooms. Newly refinished hardwood floors. Recent updates include new roof (2019), new windows (2019), new deck (2018) High-end kitchen appliances (Wolf double oven; Subzero refrigerator). Main & lower level HVAC replace 2016. Backyard fence ('16). It's a wonderful home!



## Alex/Mt. Zephyr \$48 8541 Mt. Zephyr Dr.

Great price for this lovely two level solid all-brick home with garage on 1/3 acre in Mt. Vernon community. 3 Bedrooms, 2 Baths. Renovated eat-in kitchen, spacious and open, with sliding glass doors to private backyard. Charming front living room with ample

windows, and wood burning fireplace with white, colonial style mantel. Spacious lower level has finished family room w/ 2nd fireplace and a bonus workroom. Conveniently located near Ft. Belvoir (10 mins), GW Parkway and Potomac River, Old Town Alexandria, Pentagon, and D.C.



## Alex/Wessynton \$549,9 3102 Cunningham Drive

Investors or Homeowners who want to build sweat equity: here it is! Solid bones but needs a total make over. Popular model (The Meadow) in sought after water oriented Wessynton community of contemporary homes. 4 bedrooms, 3 Baths, large kitchen, separate dining

room, living room with fireplace. Master suite. Family Room w/fireplace. Lots of storage and workspace in basement. Amenities include tennis courts, community swimming pool, walking paths, and boat ramp on Little Hunting Creek which flows to the Potomac River. A half mile to Mount Vernon Estate and the George Washington Parkway.



#### \$1,300,000 Alex/Engleside 8734 Lukens Lane

4.128 acres zones R-2 for sale. There are 2 lots: 4/0 acres w/house (Tax Map 1101 01 0043) and .128 acre vacant land (1101 01 0043A). House on Property sold "AS IS" and NO AC-CESS given or allowed. Land Value

only. Water, sewer, gas, electricity available. This land is adjacent to the houses on Halley Farm Ct. which were built in the 2010-2011 time frame



Alex/Riverside Estates \$599,9 8508 Cherry Valley Lane Prestigious Riverside Estate's Large & Popular Concord Model - 5BRs, 3BAs – 2 Car Garage w/many upgrades: Brand new double pane windows in 2019, New HVAC & HWH in 2018, beautiful upgraded kitchen in 2007. Refinished hdwd

floors, bright sky lights in both the kitchen & hall bath. 20 year old roof w/30 year shingles. A beautiful & sturdy deck looks over a lovely landscaped & fenced-in backyard. This is a gem, priced well & will sell fast. Call Rex for info and questions.



#### \$570,000 Fort Hunt/Hollin Hall 7923 Jackson Road

Gorgeous home offers 1 lvl living w/contemporary open floor plan in sought after Ft. Hunt community zoned for Waynewood Ele. This beautiful home has been completely remodeled & has stunning architectural features including an addition which has a Great rm w/high vaulted ceiling, a stone FPL, 2 skylights w/

, master bedrm, & enclosed washer/dryer area. Kitchen has SS appliances & silestone counters & shaker style maple cabinetry. Both baths renovated. New has 33 applianted as discission counters as shaker style halper cannets. For most off of Great rm open to beautiful 2 year old deck made w/low maintenance composite material, overlooks private, fenced bkyd. This home is a GEM and is in a great location!



For more information: www.RexReiley.com

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### **PUBLIC NOTICE**

Please be advised that a brief fireworks display will take place as part of a private event at George Washington's Mount Vernon on the following date: Thursday, October 10,

between 7:30 p.m. and 7:45 p.m. (5 minutes).

The Mount Vernon Ladies' Association thanks you for your tolerance and apologizes for any disruption. To receive Mount Vernon fireworks notifications via e-mail, write to Events@MountVernon.org

> GEORGE WASHINGTON'S **MOUNT \* VERNON**





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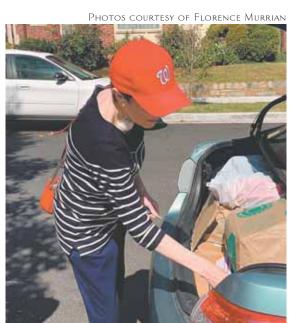
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- Book Club Discussions
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- Bridge Groups & Wine Tastings Vetted Professional Referrals
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www.MountVernonAtHome.org

# WELLBEING



**During Breast Cancer Awareness Month,** survivors like Florence Murrian and mental health professionals share insight on offering support.



**Breast cancer survivors Florence Murrian** gets together with friends to volunteer for a supplies drive.

# Supporting Friends and Loved Ones with Breast Cancer

" Everyone's

situation and

— Joanne Bagshaw,

Psychology at Mont-

PhD, Professor of

gomery College

diagnosis is

different."

Choosing words and actions that don't cause additional pain or anxiety.

> BY MARILYN CAMPBELL The Connection

hen Florence Murrian was diagnosed with stage two breast cancer last December, the treatment recommended by her oncologist was a lumpectomy and radiation. In an attempt to help, Murrian's sister urged her to seek multiple medical opinions and insisted she ask for a more aggressive treatment. Murrian, 54, felt overwhelmed by the barrage of advice.

"It was the friends who just listened to me as I sometimes rambled on and on that gave me comfort," she said. "There were times when I didn't want to talk about it or cry about it. I needed to feel normal and sometimes was in denial. What I didn't want is someone asking me why I wasn't acting a certain way."

When a close friend of loved one is diagnosed with breast cancer, the reaction can range from aggressive advice giving as in Murrian's case to excessive questioning to learning every detail.

some survivors and mental health professionals share than offering opinions or sharing stories about other insight on offering support.

Sometimes I had conversations with friends that made me feel worse that I already felt," said Murrian who lives in Arlington. "I was so overwhelmed that I didn't want advice and I didn't want to have to cheer

Conversations designed to convey concern can go awry. "I recommend avoiding invalidating comments like, 'Everything happens for a reason.' or forecasting comments such as 'Everything will be fine," said Joanne Bagshaw, PhD, Professor of Psychology at Montgomery College.

Though it is natural to be concerned and want specific details about a loved one's condition, sometimes the best words are no words at all, says Professor of Psychology at George Mason University. "There may be times to mostly listen and other times to joke around," said Short. "Plan to continue enjoyable activities together, but confirm whether your loved one wants to get together."

Avoid non-specific offers to help, says Short. "I recommend taking the perspective of your friend and loved one and imagining what she might like to hear," he said. "You should express empathy and support ... prepare small meals or snacks to share. Offer to

> help with household tasks, errands, or caring for family members or pets."

> For those who are unsure, considering your loved the best source of information about her needs is more effective than making assumptions, suggests Bagshaw. "I do recommend asking how you can be of support," said she said. "One can simply say, Just let me know how I can help."

> "It is good to be encouraging, but realistic," added Short. "Follow cues from your friend or loved one on how to interact."

Listening, validating and inquiring During October, Breast Cancer Awareness Month, about her overall wellbeing can be more comforting women who've been diagnosed with breast cancer. "Everyone's situation and diagnosis is different," said Bagshaw.

> "Avoid advice and assumptions unless you are asked for your opinion," added Short. "Some examples [of things] to say are, 'I am sorry that this happened to you. I want you to know that I care about you. How are you doing? I want to help"

# Police

From Page 5 against officers.

\* Most officers believed that their behavior and that of community members did not change because of body worn cameras.

"As the Chief of Police, I fully support being transparent and accountable to our community," said Roessler in July. "We already have robust accountability tools with incar video, the Civilian Review Panel and the Police Auditor. We investigate every use of force by matter of policy. The use of body worn cameras will benefit both the community and our officers to ensure that our high level of public trust is maintained."

Officers will be expected to activate the body worn camera during any law enforcement-public encounter related to a call for service, law enforcement action, subject stop, traffic stop, search or police service. The officer should start recording at their arrival/response, or as soon as it is practical and safe to do so, and leave it on for the duration of the incident. That includes transporting an individual to any detention facility. No law prohibits officers from recording citizens in public, as individuals in a public area have no expectation of privacy. The recording of any police contact with individuals in a private residence is also allowed, as long as the officers have legal authority to be in that location. If officers are in an area where individuals have a reasonable expectation of privacy, such as their home, individuals may decline to be recorded unless the recording is being made pursuant to an in-progress criminal investigation, arrest, or search of the location.

There are several circumstances and locations where officers will not record, including when in courthouses and medical facilities. In both of those instances, the camera should only be turned on if use of force is anticipated or initiated. Officers will also not record if community members are reporting a crime and request anonymity, or if they are giving a statement in an alleged rape or sexual assault.

The policy for the body worn camera pilot program was drafted with community stakeholders, including leaders of special interest, civic, and business organizations. There are several intricacies contained within the policy that address the personal privacy rights and constitutional safeguards of individuals while ultimately seeking to promote transparency and accountability in police-community member encounters. The body www.ConnectionNewspapers.com

worn camera policy is posted online here:

https://www.fairfaxcounty.gov/police/sites/police/files/assets/images/chief/generalorders/sop18 056.pdf

All requests for body worn camera footage should be referred to the Media Relations Bureau's Virginia Freedom of Information (FOIA) Compliance Section (FCPDFOIA@fairfaxcounty.gov) for proper processing. Costs associated with the review and redaction of all Body Worn Camera and In Car Video footage will be charged to the requestor pursuant to Virginia Code Section 2.2-3704 (F).

Adoption of body worn cameras for officers comes following the Ad Hoc Police Practices Review Commission Final Report recommendations to outfit officers with body worn cameras.

The pilot body worn camera program was designed to provide the Department with the opportunity to review police-community member encounters as they occur, as well as provide an additional degree of safety for our officers as they patrol the streets.



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# Entertainment

# In the Kitchen with Chef Abiy Bisrat at Enat

BY SHIRLEY RUHE

t is mid afternoon on Friday and several men play pool in the corner while a couple of others drink a beer at a nearby table. Ethiopian music reverberates through the dining room. In the kitchen vegetable samosas sit in the deep fryer while a large pot of ground beef has been cooking since 10 a.m. and keie, mild lamb stew, simmers on the front burner.

Abiy Bisrat, chef and owner of Enat Ethiopian restaurant with his wife, is preparing an order of kitfo to order.

"This is the most popular dish here and my favorite. It is a European steak tartar." Bisrat pulls out 11 ounces of ground top round and puts it into a pan to heat a little.

He hand mixes the ground meat with 1

#### IN THE KITCHEN

ounce of clarified butter with herbs and 1 heaping tsp. of mitmita (a spicy chili

powder.) Bisrat says the meat has no fat, no gristle. It is combined with clarified butter mixed with ground green and white tea, coriander and a green leafy herb that looks similar to oregano but isn't.

"Smell it." It has a little longer leaf and has a bit of a smoky aroma. "I don't know how to tell you the name. I get it from Ethiopia; it would be a lot cheaper if it was oregano." He has made the clarified butter by melting the butter and skimming the froth from the top. "You cook it without burning it. No rush."

"This tartar was ordered medium but traditionally it is served very rare." Bisrat doesn't cook the meat but puts it over the burner briefly to raise the temperature. Bisrat places the meat in a large bowl to serve. He puts a large portion of homemade farmer's cheese mixed with mimita "to give it the red color" on the top of the meat alongside a portion of collard greens with mitmita and herb butter. Mitmita in everything?

"Well, almost but not everything."

Mitmita is made of ground African bird's eye chili peppers, cardamom seed, cloves, and sometimes other spices like cinnamon, cumin, and ginger.

On another burner he is preparing collard greens, which have been roughly



Bread is served with every dish and used traditionally instead of a fork at Enat.



Chef Bisrat mixes ground top round for kitfo at Enat.



Collard greens steamed with onion, cardamom and ground beef at Enat.

chopped, rinsed and drained. He turns the high just for now." The next step is to add temperature under the pan to high.

a handful of sliced white onions, two large "They will cook for half an hour but on scoops of chopped garlic, a sprinkle of



Collard greens served in 24-inch injera Ethiopian bread at Enat.

ground cardamom and salt.

Bisrat turns the temperature down to medium and adds about a cup of water. "I will add the beef and mitmita in 5 minutes and cover it up to let the collard greens cook through. It cooks for a while."

When it is ready to serve, Bisrat places a 24" piece of injera (Ethiopian bread) in a large bowl, spoons the collard greens into the center and partly folds in the sides of the bread. He says, "Our rule is one piece of injera, but they like it so much, we overdo it." Traditionally Ethiopian food is eaten with the bread instead of a fork. "But we do have forks if someone requests it."

He says he uses about 50-60 pieces of this Ethiopian bread a day. "It is just water mixed with an indigenous Ethiopian grain, tef. And the herbs are sun dried. We try to be as authentic as possible."

Meanwhile he mixes sautéed tomatoes, onions, garlic, red chili pepper, and coriander with pieces of broken injera and serves it in a large bowl. "On Wednesdays and Fridays and during Lent he offers meatless dishes for those who practice in the Orthodox Church. "We make these meatless choices bigger."

Bisrat has been the owner and chef at Enat on Chambliss Street for ten years but has lived in this area for 32 years. His father owned a hotel in Addis Ababa when he was a kid and he used to help there, mostly hanging around. Now he has three kids to feed and a passion for cooking.

Bisrat says people are getting more carb conscious but no Ethiopian dish is served without bread. What to do? He says, "Well, maybe you could try lamb stew with a

#### CALENDAR

Submit entertainment announcements www.connectionnewspapers.com/Calendar/. The deadline is noon on Friday. Photos/artwork encouraged.

#### **ONGOING**

Art Exhibit: Silo City. Through Oct. 13 at Multiple Exposures Gallery, Torpedo Factory Art Center, Stud 312, 105 N. Union St. An exhibition of photographs by Eric Johnson made in a complex of historic grain elevators and processing facilities in Buffalo, New York, Visit www.multipleexposuresgallery.com

**Art Exhibit: "Emotional Support:** Animals." Through Oct. 27, daily, 10 a.m.-6 p.m. and Thursdays until 9 p.m. at Scope Gallery, ground floor Studio 19 of the Torpedo Factory Art Center, 105 North Union St. Kiln Club artists wax poetic on "Emotional Support: Animals" in the wholehearted exhibition of the exotic and domestic. Visit www.scopegallery.org or call 703-

Art Exhibit: Day of the Dead.

Through Nov. 3, at Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St. The Potomac Fiber Arts Gallery presents its juried show, Day of the Dead. Neighbors in Mexico and Central America celebrate Day of the Dead. It is a joyful time that helps people remember the deceased and

celebrate their memory. The colors and vibrancy of this holiday inspire artists of the Potomac Fiber Arts Gallery. Themed work will be eligible for recognition by the jurors. Non-themed work will also be exhibited. Visit

www.Potomacfiberartsgallery.com for more.

"Board | out of our minds!"

Through Nov. 10, gallery hours at the The Athenaeum, 201 Prince St. "Board | out of our minds!" relates to the games we play. The included works exhibit the creative means in which people developed board games to reflect their thoughts and reflections on the role of chance in life. While some are actual games, some refer to the role of games in

life. Visit www.nfaa.org or call 703-548-0035

Mount Vernon Farmers Market. Wednesdays (through Dec. 18), 8

a.m.-noon at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane. The McCutcheon/Mount Vernon Farmers Market opened May 1 with an array of farm-fresh produce and local foods, plus some new features (fresh brewed coffee!). 17 local farmers and producers will sell fresh locally grown vegetables and fruits; meats; Chesapeake Bay seafood; breads and pastries; honey, jams and jellies; milk, cheese and eggs; herbs and plants; and more. Visit www.fairfaxcounty.gov/parks/ farmersmarkets.

Band Members Needed. Join the

Mount Vernon Community Band, a group of players who enjoy playing many styles of band music in a relaxed atmosphere. Rehearsals are Tuesdays 7:30-9:30 p.m. in the Mount Vernon High School Band Room, 8515 Old Mount Vernon Road. No auditions. All instruments needed. Contact Eric Leighty directly 703-768-4172 or visit www.mvbands.com/join-us/

#### FRIDAY/OCT. 4

Family Art Night. 6-9 p.m. At the Durant Center, 1605 Cameron Street, Alexandria. Are you looking for a memorable and inspiring evening for your family and you? With the See Calendar, Page 9

www.ConnectionNewspapers.com

# Entertainment

#### From Page 8

holidays right around the corner, plan to create the perfect gift by attending the First Friday: "Family Art Night." A "meet and greet" begins at 6 p.m. Pizza, soda and water will be on hand, complements of the Office of the Arts. Art activities begin at 6:30 p.m. No experience necessary. Reservation includes one art experience, art supplies, pizza and soda. You have three art experiences to choose from: Paint with Teresa Brunson; Create Mosaics with Maria Illingworth; or, Create a clay sculpture with Sharmila Karamchandan. Tickets are \$9 per person. Children 5 years old are free. Visit: alexandriava.gov/webtrac.

#### **OCT. 4-27**

Art Exhibit:Twilight Zone. Gallery hours at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. "Art Inspired by The Twilight Zone" is a collection of work inspired by the classic television series. An opening reception is planned for Friday, Oct. 4, 7-9 p.m. Fee admission. Visit www.DelRayArtisans.org/exhibits.

#### SATURDAY/OCT. 5

"Le Tour d'Alexandria" Bicycle

Tour. 10 a.m. Start and end at Beatley Central Library, 5005 Duke St. Alexandria Library invites the community to participate in Le Tour d'Alexandria Library, the Library's annual bicycle tour of all library locations. In recognition of the Library's 225th Anniversary, this year's tour will highlight some of the Library's history dating back to 1794. Space is limited, registration is required. Riders must be over the age of 13 to participate. Children and teens under the age of 18 must be accompanied by a parent or guardian. Visit alexlibraryva.org/ alexandria-bike-tour to register. **Used Book Sale.** 10 a.m.-4 p.m. at

Sherwood Regional Library, 2501 Sherwood Hall Lane. Selection of over 20,000 gently used books, including children's books, fiction, history, biography, home and garden, cooking, crafts, sports, religion, travel, CDs, DVDs, and more. Unless specially priced, \$1 for hard backs, 50 cents for large paperbacks, and 25 cents for mass market paperbacks. Visit www.fairfaxcounty.gov/library/branches/friends-of-sherwood-regional.

Civil War Artillery Day. 10 a.m.-4 p.m. at Fort Ward Museum, 4301 W. Braddock Road. Learn about the role and equipment of Civil War artillerymen in the Defenses of Washington. This living history program will appeal to Civil War enthusiasts of all ages. The event is weather dependent. Free. Call 703-746-4848.



Photograph courtesy of Dawn Wyse Hurto

Participants in Partners in Art meet to share their goals and get feedback on their artwork.

#### Partners in Art

Join a collegial group of artists to share goals and get feedback on artwork. Monthly meetings include discussions on exhibit opportunities, the creative process and the local art scene. Artist can bring 1-3 works – complete or in progress – for feedback. All skill levels and media welcome. Donations (\$1-3) appreciated. Monthly on the second Monday, 2-4 p.m. and fourth Tuesday, 7-9 p.m. at Del Ray Artisans gallery, 2704 Mt Vernon Ave. Visit DelRayArtisans.org/partners-in-art

24th Annual Art on the Avenue. 10

a.m.-6 p.m. on Mount Vernon Avenue in Del Ray. Art on the Avenue is a multicultural arts festival celebrating Alexandria's diversity held the first Saturday in October, rain or shine. Discover more than 300 artists, from jewelers to glass makers to painters, while enjoying a variety of musicians and food vendors. Activities for children include scarecrow-stuffing, pumpkin-painting and more. Free admission. Visit artontheavenue.org/for more

Mirror Mirror: David Shulman with Sarah Marie Hughes. 8 p.m. at Waterfront Park, 1 King St. The City of Alexandria commissioned a series of original site-specific performances for the sound-responsive, interactive installation Mirror Mirror. Composer and violinist David Schulman and Orange Grove Dance will perform on select dates between July and October. All performances are free and feature lawn seating. Lawn chairs and blankets are encouraged. Leave pets at home. Visit alexandriava.gov/publicart for details.

#### Performance: Alexandria

**Symphony Orchestra.** 8 p.m. at Rachel M. Schlesinger Concert Hall and Arts Center, 4915 East Campus Drive. The ASO's season opens with music by Wagner, Beethoven and more under the direction of Maestro James Ross featuring soloists Rita Sloan, Nicholas Tavani and Alan Richardson. \$20-\$85 adults, \$5 youth, \$10 students. Visit www.alexsym.org or call 703-548-0885. ASO musician Gene Pohl's father, Lionel Semiatin, composed Tidbit #1 while fighting on the battlefield at Normandy. \$20-\$85 adults, \$5 youth, \$10 students. Visit www.alexsym.org or call 703-548-0885

#### SUNDAY/OCT. 6

**Breast Cancer Walk.** 8 a.m.-11 a.m. at Fort Hunt Park, George

Washington Parkway. Support the National Breast Center Foundation's 3rd annual Walk to Bust Cancer to increase awareness and celebrate survivorship. 7:30 a.m. check-in, 9 a.m. 1.2 mile walk. Entertainment and activities before and after the walk. Register ahead for planning. \$35. Visit www.walktobustcancer.org or call 202-309-4026.

Blessing of the Animals. 11:30 a.m. to 12:30 p.m. At St. Luke's Episcopal Church, 8009 Fort Hunt Road, Alexandria. Bring your pets to St. Luke's for a blessing after the 8 a.m. and 10 a.m. services. Dogs, cats, and any other critters are welcome to SEE CALENDAR, PAGE 10





# Food 11t for a king on a family budget

### DAILY FEATURES FOR EVERYONE!

Monday - 1/2 Price Burger Night Tuesday - Kids 12 & under Eat Free with accompanying adult. 1 child per adult.

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# Entertainment

FROM PAGE 9

receive a blessing. Pawfectly Delicious dog treats will be given out to furry friends who visit. Visit the website: saintlukeschurch.net

Downton Abbey Tours. 2-3 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. Explore the surprising connections between people and places of the world of Downton Abbey and those of the Lee-Fendall House through special "Downton Abbey" themed tours of the museum this fall. \$10. Visit www.leefendallhouse.org or call 703-548-1789.

#### Performance: Alexandria

Symphony Orchestra. 3 p.m. at George Washington Masonic Memorial, 101 Callahan Drive. The ASO's season opens with music by Wagner, Beethoven and more under the direction of Maestro James Ross featuring soloists Rita Sloan, Nicholas Tavani and Alan Richardson. \$20-\$85 adults, \$5 youth, \$10 students. Visit www.alexsym.org or call 703-548-0885. ASO musician Gene Pohl's father, Lionel Semiatin, composed Tidbit #1 while fighting on the battlefield at Normandy. \$20-\$85 adults, \$5 youth, \$10 students. Visit www.alexsym.org or call 703-548-

Mirror Mirror: David Shulman with Bonnie Lander. 8 p.m. at Waterfront Park, 1 King St. The City of Alexandria commissioned a series



### Mount Vernon Farmers Market

The McCutcheon/Mount Vernon Farmers Market opened May 1 with an array of farm-fresh produce and local foods, plus some new features (fresh brewed coffee!). 17 local farmers and producers will sell fresh, locally grown vegetables and fruits; meats; Chesapeake Bay seafood; breads and pastries; honey, jams and jellies; milk, cheese and eggs; herbs and plants; and more. Wednesdays (through Dec. 18), 8 a.m.-noon at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane. Visit www.fairfaxcounty.gov/parks/farmersmarkets.

of original site-specific performances for the sound-responsive, interactive installation Mirror Mirror. Composer and violinist David Schulman and Orange Grove Dance will perform on select dates between July and October. All performances are free and feature lawn seating. Lawn chairs and blankets are encouraged. Leave pets at home. Visit alexandriava.gov/publicart for

details.

#### MONDAY/OCT. 7

Innovation Forum. 6-9:30 p.m. U.S.
Patent and Trademark Office, Clara
Barton Auditorium, 600 Dulaney
Street, Alexandria. The City of
Alexandria is hosting an Innovation
Forum for the Alexandria Mobility
Plan, an update to the 2008
Transportation Master Plan that will

establish transportation priorities and introduce new technologies that can enhance the way we get around. Learn more at alexandriava.gov/ MobilityPlan.

Landscaping Techniques for Wet Sites. 7-8:30 p.m. At Burke Library, 4701 Seminary Road, Alexandria. Has the latest storm swept all your well-placed mulch into your neighbor's yard and left you with more bog than garden? Come learn about landscaping techniques, appropriate native plants, and local resources to help you address the effects of soggy conditions in your yard. This event is offered by Extension Master Gardeners. Free. Advance registration requested at mgnv.org. Call 703-228-6414 or email mgarlalex@gmail.com.

Meet the Candidates. 7 p.m. At Gum

Springs Community Center, 8100 Fordson Road, Alexandria. The New Gum Springs Civic Association will be hosting an informal Meet the Candidates Event. Candidates will be available for one-on-one or small group discussions. Come have an interactive discussion and/or share vour views and concerns with a confirmed Democratic and/or Republican candidate seeking office for: Commonwealth Attorney; Fairfax County Sheriff; Chairman, Fairfax County Board of Supervisors; Mount Vernon Supervisor; Lee District Supervisor; Mount Vernon School Board Member; Lee District School Board Member; Fairfax County School Members At-Large; 30th District Senator; 36th District Senator; 39th District Senator; 43rd District Delegate; 44th District Delegate; and Soil & Water Conservation Director Northern Virginia. Visit the website www.ngsca.org

Duke Street Black History. 7:15
SEE CALENDAR, PAGE 11

# Plato Cacheris Famed defense lawyer dies at 90.

By Jeanne Theismann Gazette Packet

ohn Mitchell. Fawn Hall. Aldrich Ames. Robert Hanssen. From Watergate to President Bill Clinton's affair with White House intern Monica Lewinsky, Plato Cacheris' name was attached to some of the most prominent legal cases in the country. On Sept. 26, the Alexandria resident and one of the nation's foremost defense lawyers died of pneumonia. He was 90.

"Plato was a superb trial lawyer," said retired Alexandria Circuit Court Judge Alfred Swersky, a longtime friend of Cacheris. "He was awesome in court – as good as anybody I have ever seen."

Born May 22, 1929, in Pittsburgh, Cacheris was the middle son of Greek immigrants Chris John Cacheris and Phaedra Economou Cacheris. The family moved to Washington when Cacheris was in the sev-



Renowned defense attorney Plato Cacheris died Sept. 26 at the age of 90.

enth grade. His father ran a chain of waffle and hamburger shops where Cacheris and his brothers often worked.

Cacheris graduated from the former Western High School, now the Duke Ellington School for the Performing Arts, in 1947, and from Georgetown University's School of Foreign Service in 1951. He served as an officer in the U.S. Marine Corps from 1951 to 1953 and used the G.I. Bill to attend Georgetown Law School, where he graduated in 1956.

In 1955, he married Ethel Dominick and together they raised two children — a daughter Lisa and son Byron.

Cacheris began his legal career at the U.S. Department of Justice as a prosecutor before moving to the U.S. Attorney's Office for the Eastern District of Virginia.

"Plato was one of the first people I met when I came to Alexandria," said Swersky. "He and his wife Ethel invited me to dinner back in 1969 or 1970 and we remained friends ever since."

Cacheris entered private practice as a criminal defense attorney and went on to represent some of the most high-profile clients of his era, including Attorney General John Mitchell during Watergate, Representative Michael Myers during Abscam, Fawn Hall during Iran-contra, Monica Lewinsky during the Clinton affair, and Aldrich Ames and Robert Hanssen in espionage cases. Most recently he represented National Security Agency contractor Edward Snowden.

The New York Times reported on his death saying: "Plato Cacheris, the Washington lawyer of choice for accused spies, wayward sheikhs and notorious figures in scandals, from the Watergate affair to the sexual peccadilloes of President Bill Clinton, died on Thursday at a rehabilitation center in Alexandria, Va. He was 90."

**YET DESPITE** his newsworthy clients, Cacheris was unpretentious and shunned the spotlight for himself.

"One of the great things about Plato was that he never let any of this go to his head,"

Swersky said. "He had no ego whatsoever. He was a fun person – one of the funniest human beings on the planet."

Swersky was one of a handful of lawyers who would meet regularly at the Cacheris residence to play tennis, a favorite pastime of Cacheris.

"We had a rotating group," Swersky recalled. "Plato, his brother Jim, Albert Bryan Jr., Wiley Wright, Jake Stein. We jokingly called it the John Mitchell Memorial Court since Plato said his fees from representing Mitchell paid for the court. We did a lot of trash talking and had a great time. I don't believe Plato was ever trained in tennis but he got pretty good."

In addition to tennis, Cacheris loved traveling, reading, watching NFL games and spending time with his family at a second home in Bethany Beach.

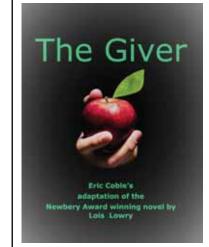
Cacheris is survived by his wife of 64 years, Ethel D. Cacheris; daughter, Lisa Cacheris Burnett (Tracy); son, Byron; brother and federal judge James Cacheris (Sally); granddaughter, Nora Burnett; sister-in-law, Helen Cacheris, and a host of nieces and nephews. His older brother, John Cacheris, predeceased him.

Reflecting on his career in an interview with The Washington Lawyer several years ago, Cacheris said he had no regrets.

"I'm glad I became a lawyer," Cacheris said. "I've been lucky. As I look back on my career, I can't think of anything that I would have done differently. I'll retire when the phone stops ringing. As long as clients keep calling, I'll keep going."

According to his wishes, a private graveside service is planned. A public gathering to celebrate the life of Cacheris will be held Wednesday, Oct. 9, at 6 p.m. at the Washington Golf and Country Club, 3017 N. Glebe Road, in Arlington.

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# ENTERTAINMENT

# 4 Dates to Circle in October

BY HOPE NELSON
THE GAZETTE

#### Capitals Home Opener Watch Party at Hops n Shine, Oct. 5

The Washington Capitals take on the Carolina Hurricanes in the storied hockey team's home opener, and Hops n Shine is ready for the season. The bar and eatery will offer up game day specials

#### APPETITE

along with multiple TVs. With more than 50

draft lines, guests won't ever be parched as the game proceeds. Game day food and drink specials will be on tap to toast the occasion. 3410 Mount Vernon Ave. 7 p.m.-midnight.

#### Female Stranger Beer Dinner at Gadsby's Tavern, Oct. 14

The spookiest month of the year brings with it a celebration of one of Alexandria's most haunting stories – the mysterious Female Stranger who is said to still inhabit Room No. 8 in Gadsby's Tavern. Port City Brewing is teaming up with the tavern to put together a four-course beer dinner featuring

#### CALENDAR

From Page 10

p.m. At Kate Waller Barrett Branch Library, 717 Queen Street, Alexandria. Free. The Manumission Tour Company brings the knowledge from their newest walking tour, the Duke Street Corridor, for an evening focused on the early history of African-American Alexandrians. Visit the website: alexlibraryva.org/event/ 3053739

#### TUESDAY, OCT. 8

Simpson Gardens Stroll. 10-11 a.m. At Simpson Park Gardens, 420 E. Monroe Street, Alexandria. Stroll through Simpson Gardens with Extension Master Gardeners as they describe the gardens' variety of demonstration beds that combine sustainable gardening practices with appealing aesthetics: waterwise gardening, scented plants, plants that attract pollinators, plants that prefer shade, and plants that have appealing structure and texture. Free. Call 703-228-6414 or email mgarlalex@gmail.com.

#### THURSDAY/OCT. 10

Luncheon: "Fashion in Bloom." 10 a.m.-1:30 p.m. at the Mount Vernon Country Club, 5111 Old Mill Road. Enjoy a fashion show, luncheon, silent auction and raffle. Yacht Haven Garden Club works to further education in horticulture, floral design and conservation among its members and the surrounding community. \$40. Reservation

#### FRIDAY/OCT. 11

Highland Echoes Show. 7:30-9:30 p.m. at Rachel M. Schlesinger Concert Hall and Arts Center, 4915 East Campus Drive. Highland Echoes

yachthavengardenclubva@gmail.com.

deadline, Sept. 27. Email

www.ConnectionNewspapers.com





Construction continues inside the old Misha's location at 102 S. Patrick St. as coffee makes way for ice cream.

Jeni's Ice Creams continues to prepare for its new digs in the heart of Old Town as the shop transformation takes

the brewery's Long Black Veil black IPA, concocted in homage to the Stranger herself. Convene at the tavern on the anniversary of the Female Stranger's death – Oct. 14, 1816 – to toast her legacy. 134 N. Royal St. 7-10:30 p.m. \$85.

place. An opening date has yet to be named.

#### Diya's First Anniversary Celebration, Oct. 18

What a difference a year makes!

Diya, the Indian restaurant that took up residence on North Lee Street in 2018, turns a year old this month, and the restaurant is hosting a party to celebrate. The first 300 customers will each receive a \$10 gift card to the restaurant; all attendees can feast on Diya's dinner buffet while listening to live entertainment. 218 N. Lee St. 5-9:30 p.m. Buffett \$14.99 for adults,

\$6.99 for children under 10.

# OysterFest XII at Hank's Old Town, Oct. 19

Hank's Oyster Bar has long been a go-to spot for the salty mollusks, and its annual OysterFest celebrates the best of everything Hank's has to offer. The \$95 ticket price earns guests the opportunity for all-youcan-eat oysters in all the classic fashions – on the half shell, fried, grilled and shooters. Round out the menu with Old Bay fries, onion rings and popcorn calamari, and wash it all down with all-you-can-drink craft beers, wine and punch. 1026 King St. 11 a.m.-3 p.m. \$95.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at www.kitchenrecessionista.com. Email her any time at

hope@kitchenrecessionista.com.



Photo courtesy of National Park Service

#### **Jones Point Lighthouse**

#### Jones Point Meetup

Join a national park ranger to explore the long history of this little piece of land and see the last remaining inland lighthouse on the Potomac River, once a beacon to boat captains and commerce on the river. Tuesdays through Sept. 24, 11 a.m.-noon at Jones Point Park, Jones Point Drive. Free. Call 703-235-1530 or visit www.nps.gov/gwmp/planyourvisit/jonespoint.htm for more.

is a vocal, musical, and dance journey through Scottish history and culture from the Highlands to America. Featuring "Celtic Album of the Year" recipient Jennifer Licko - the show combines traditional and original music and dance. \$10-\$45. Visit

highlandechoesalexandria.eventbrite.com for tickets.

#### FRIDAY-SUNDAY/OCT. 11-13

Mount Vernon Fall Wine Festival & Sunset Tour. 6-9 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Celebrate the history of wine in Virginia at the home of George Washington. Bring a blanket, relax on the east lawn overlooking the scenic Potomac River and enjoy live music while sampling wine from Virginia's wineries. Admission: Friday, \$48; Saturday, \$52; Sunday, \$42. Call 703-780-2000 or visit mountvernon.org.

#### SATURDAY/OCT. 12

#### Portside In Old Town Fall Festival.

At Waterfront Park, 1 King St. Enjoy a day of live music, maritime history, nautical demonstrations and children's activities on the Old Town Alexandria waterfront. Savor local food, beer and wine while experiencing boat building demonstrations from Alexandria Seaport Foundation Apprentices and knot tying from tall ship Providence. Select activities benefit the Alexandria Seaport Foundation's mission to improve the lives of young people through adult mentoring, project-based learning and the craft of wooden boat building. Free admission: food and drink for purchase; fees for some activities. Visit www.visitalexandriava.com/ event/portside-in-old-town-fallfestival/15351/ for more.

**Celebration of Service.** 6-9 p.m. at Ft. Belvoir Officers Club. Pastor Floyd

C. Hawkins Sr. of Shiloh Church of God in Christ is preparing to celebrate 31 years of leadership and service to his church and community by highlighting those giving back to Fairfax County. The inaugural Floyd C. Hawkins, Sr. Outstanding Leaders in Community Service Award will be presented to: Dr. Nardos King, Bob Diegelman, Velvet Abram, and Victoria Williams. Open to the public. To attend, visit

hawkins31yearsofservice.eventbrite.com.

**Celebrating Lady Liberty's Birthday**. 6-8 p.m. at The Garden by
Building Momentum, 5380
Eisenhower Avenue, #Suite C,

Alexandria.

A night of music, cocktails, hors d'oeuvres, silent auctions and more. Party hosted by local non-profit Just Neighbors to support legal services for low-income immigrants and refugees. Childcare will be available at Scramble next door to the venue. More at Just Neighbors www.justneighbors.org

#### SUNDAY/OCT. 13

Downton Abbey Tours. 2-3 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. Explore the surprising connections between people and places of the world of Downton Abbey and those of the Lee-Fendall House through special "Downton Abbey" themed tours of the museum this fall. \$10. Visit www.leefendallhouse.org or call 703-548-1789.

Free Concert. 3-5 p.m. At Carl Sandburg Middle School, 8428 Fort Hunt Road, Alexandria. The National Concert Band of America will kick-off its 45th anniversary season with a free concert entitled "American Icons: A Showcase of American Music." It will feature music by George Gershwin, John Philip Sousa and Aaron Copland. Free. Visit the website: www,nationalconcertband.org

#### MONDAY/OCT. 14

#### Female Stranger Beer Dinner. At

Gadsby's Tavern Museum, Alexandria. Join Port City Brewery and Gadsby's Tavern Museum as they honor the anniversary of the Female Stranger's death with her specialty beer and a Beer Dinner. Enjoy a fourcourse meal alongside four great Port City beers including the Long Black Veil. This special craft beer was inspired by the famous tale of the Female Stranger, who died at the tavern on October 14, 1816. Tickets are \$85 inclusive per person and reservations are required. A vegetarian entrée option is available with advance notice. Call 703-746-4242 or visit www.gadsbystavern.org.

#### TUESDAY/OCT. 15

#### Digital Genealogy Photography. 1-

3 p.m. At Hollin Hall Senior Center, 1500 Shenandoah Road, Alexandria. Photographer and genealogical researcher Gary Petranek, Co-Director of the Washington D.C. Family History Center, will speak about the digital photography aspects of genealogy and about the RootsMagic software. Free, open to public. Visit www.mvgenealogy.org.

#### WEDNESDAY/OCT. 16

#### Alexandria Beautification Awards.

7:30 p.m. At the Lyceum, 201 S. Washington Street, Alexandria. The 2019 Beautification Awards Ceremony will recognize and celebrate residents, businesses, organizations and communities for their outstanding efforts in contributing to the beautification of the City of Alexandria. Visit the website www.alexandriava.gov/Beautification

# **OPINION**

# Busy Summer, Fall, Session Coming

BY DEL. PAUL KRIZEK

have been busy at work this summer serving you as your Delegate, here at home in the 44th District, and in Richmond. If you follow me on Facebook, Twitter, or read my column here in the Mount Vernon Gazette and my weekly newsletter, you know that I always try to

keep you updated on important issues concerning the Commonwealth and apprised of my daily, year-round work on your behalf.

As you know, the Virginia General Assembly is a part-time legislature. I am one of the many legislators that has a full-time job in addition to my responsibilities as an elected official. Although we are only in our legislative session for 45 days during odd-numbered years like this one, and for 60 days during even-numbered years, I travel often to Richmond out of session in my official Delegate capacity.

As a brief recap, this summer was filled with numerous trips to Richmond for meetings as a member of the Appropriations Committee, the Broadband Advisory Council, the Offender Population Forecasting Policy Committee, the July Special Session on gun violence prevention legislation, as well as the follow-up Crime Commission meetings held in August, and I



must not forget the several Democratic Caucus meetings I attended. I will also be heading down to Richmond at least twice this October for both the Crime Commission and another Appropriations meeting. After the Nov. 5 election, the gun violence prevention Special Session is scheduled to reconvene on Nov. 18, with more Appropriations meetings in Norfolk on the 19th and 20th.

One of my most important duties, whether we are in session or not, is my service to constituents. I receive many inquiries from 44th district residents requesting my assistance on a wide range of issues. Recently, I have assisted constituents with letters of support for numerous issues like educational grant applications, VDOT matters, a child support concern, traffic lights, applying for the new REAL ID (the deadline is this time next year), among others.

Another key part of my responsibility as Delegate is participating in and hosting community events in and around the 44th district, in addition to the many political ones. Over the last month, I attended and spoke at the annual NoVA Labor Day Picnic at Fort Hunt Park, spoke to electric vehicle enthusiasts and before faith leaders at a meeting on the climate change crisis, and hosted a screening of the

Ruth Bader Ginsburg biopic "On the Basis of Sex" with VAratifyERA, just to name a few. This week, I will be joining our Mount Vernon School Board Chair, Karen Corbett Sanders in speaking to the Mount Vernon High School PTSA about education issues, meeting with a tenants group at the Audubon community.

I will also be attending the 29th annual Slave Memorial wreath-laying ceremony at Mount Vernon on Saturday at 11am, which I highly recommend and hope you can attend.

Most importantly, during the last several weeks, I have been busy preparing legislation for next year's General Assembly session that begins in January. Bill planning, in addition to the upcoming election, is a key focus for me this fall season. I am meeting with constituents, community leaders, and other subject matter experts and stakeholders to assist in drafting new potential legislation important to my constituents here in the 44th district. I want to continue hearing from my constituents during this important process. If there is any issue that you care about and would like to improve in our community or the Commonwealth, please reach out to my office to share these thoughts by emailing DelPKrizek@house.virginia.gov. Your idea could become a bill that gets signed by the Governor into law next year as did seven bills I introduced last session.

# Clifton Day Celebrates 52nd Year

# 2019 festival slated for Sunday, Oct. 13.

ne of Northern Virginia's favorite fall events, the Clifton Day Festival, will take place on Sunday, Oct. 13 from 9 a.m. to 5 p.m. in the scenic town of Clifton.

Under the theme "Small-town charm, big-time fun," the 2019 festival will feature a market-place with around 150 artisans, antique dealers, vintage sellers and other vendors. Live music, children's activities, pony rides, a beer & wine garden and other delicious food and beverage choices will add to the fun.

Clifton Day is the only day of the year when the train stops in the town. The Virginia Railway Express (VRE) will provide roundtrip train service to Clifton from all stops between Manassas and Rolling Road. The train ride to Clifton is free and the return trip costs \$5 per person (children under age two ride free).

The Clifton Day Festival, hosted by the Clifton Betterment Association (CBA), arose from a 1960s revitalization effort for the historic town of Clifton, which had fallen into a state of disrepair since its incorporation in 1902. Residents decided to hold a festival in 1967 as a way to attract the public to the charming place they called home. The annual festival, now in its 52nd year, has been going strong ever since on the Sunday before Columbus Day.

Each year, Clifton Day raises funds for the Girl and Boy Scouts, Clifton Lions Club, Acacia Lodge, the Clifton Presbyterian Church and other nonprofit groups.

Sponsors for 2019 include Carrie and Co. Real Estate Group at RE/MAX Allegiance; Clifton Baptist Church, F.H. Furr Plumbing, Heating, Air Conditioning & Electrical; Norfolk Southern; Ourisman Fairfax Toyota; Peterson Companies; Professional Tutoring; Tru Orthodontics; United Bank; Villagio Hospitality Group; and VRE.

Admission is free. Parking starts at five dollars per car. For more information about Clifton Day, visit www.cliftonday.com or the festival's Facebook page.

### 2019 Clifton Day Performance Schedule

#### MAIN STAGE

 11 a.m. Pomegranates on Fire – Genre-bending indie rock
 12 noon StewBone – Steller musicians performing the Grateful Dead catalog

1:30 p.m. Jumpin' Jupiter – Rockabilly legends
3 p.m. Cris Jacobs with Colin Thompson – American
soul/blues rock
4:30 p.m. The Woodshedders – Original roots alchemy

#### AYRE SQUARE ACOUSTIC STAGE

10 a.m. and 1 p.m. Plank Stompers – Space grass 11 a.m. and 2 p.m. Jay Elliott – A local favorite

Check the festival's Facebook page for any updates.

### Annual Meeting, Fort Hunt Youth Athletic Assn.

The Annual Meeting of the Fort Hunt Youth Athletic Association (FHYAA) will take place on Tuesday, Oct. 15, from 7 p.m. to 9 p.m. in the cafeteria of Carl Sandburg Middle School. All members of the Association are invited to attend. Members of the Association include all coaches, administrators, officials and parents or guardians of children that are registered participants in any sport sponsored by FHYAA during the current year. During the annual meeting, Board Officers will report on the status and activities of the Association, the financial status of the Association, and elect (or re-elect) board directors to fill up to six expiring terms. Currently there are 2 vacant seats on the FHYAA Board of Directors. If you are interested in serving on the Board, please contact Paul J. Dean, president, at president@fhyaa.org.

Write The Connection welcomes views on any public issue.
Send to:
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The Gazette
1606 King St., Alexandria VA 22314
By email:
editors@connectionnewspapers.com

### Mount Vernon Gazette

#### www.MountVernonGazette.com

@MtVernonGazette

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by Local Media Connection LLC

1606 King Street Alexandria, Virginia 22314

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# Carryover Package Priorities

he Fairfax County Board of Supervisors approved the Fiscal Year (FY) 2019 carryover package Tuesday, Sept. 24. Carryover is the process by which certain unspent or unencumbered funds for commitments to pay for goods and services at the end of one fiscal year are reappropriated to the next fiscal year. FY 2019 ended on June 30, 2019.

The FY 2019 carryover balance, after funding prior year obligations and associated reserves, is \$54.56 million, which was just under 1% of the county's total General Fund budget. The carryover package in-

- ❖ \$21.82 million, or 40% of the balance, in line with county policy, to the county's new Economic Opportunity Reserve Fund, which will replace the existing Economic Development Support Fund.
- ❖ \$10.91 million, or 20% of the balance, in line with county policy, to capital projects.
- ❖ \$4.5 million for the second-year investment in the Fairfax County Operational Energy Strategy, to include lighting and building HVAC automation sys-
- ❖ \$1.54 million for technology infrastructure projects.

The approved package also includes \$2.23 million for projects that support the effort to co-locate services to help achieve efficiencies and reduce costs,

- ❖ \$1.7 million to support the addition of a federally qualified health center operation at the Sully Community Center.
- ❖ \$1.53 million to enable the construction of the Lorton Library and the Lorton Community Center to move forward concurrently.

Department of Management and Budget Director Christina Jackson told the board at a recent Budget

Committee meeting that the concurrent construction process in Lorton will allow the county to keep the Lorton Library project off the 2020 bond referendum.

Other spending adjustments include a little over \$1 million for a new apparatus for Fire Station 44, Scotts Run, scheduled to open in FY 2021; \$0.63 million to allow the Park Authority to take over maintenance of 44 additional Fairfax County Public Schools synthetic turf fields, which will help achieve efficiencies of scale and provide for consistency in maintenance; and the modification of two softball fields for Title IX compliance.

A total of 248 new positions were approved as part of the FY 2019 carryover package. Jackson said the number is higher than typically seen in a carryover package but includes 235 positions as candidates for possible conversion from non-merit, benefits-eligible status to merit status, based on the task performed by each position and the hours worked by incum-

Jackson explained that the intent is to ensure parity in cases where non-merit employees are performing the same tasks and the same number of hours as merit employees. She noted that DMB staff worked closely with county agencies to identify those posi-

Two consideration items—\$750,000 for the development of Phases I and II of the Communitywide Energy and Climate Action Plan and \$100,000 to provide for a tourism and marketing strategy on behalf of the Mount Vernon Tourism Task Force, were also approved.

In addition, the approved package reflects adjustments necessary to implement the police Body-Worn Camera Program, per a motion approved by the Board of Supervisors earlier in their meeting.



Submit civic/community announcements at ConnectionNewspapers.com/ Calendar. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### SATURDAY/OCT. 5

#### **Mental Health and Wellness**

Conference. 8 a.m.-4 p.m. at Fairfax High School. The morning will focus on social and emotional learning, with a keynote address given by Dr. Marc Brackett, founding director of the Yale Center for Emotional Intelligence. A special session for high school students, the Our Minds Matter Teen Summit, will take place in the morning as well. Attendees are encouraged to stay for Inova's Act on Addiction Summit, which will be held from 12:30-4 p.m. Breakout sessions, exhibit tables, and resources will be available to all attendees throughout the day. Lunch will be provided. Visit www.fcps.edu/resources/studentsafety-and-wellness/mental-healthand-resiliency/mental-health-andwellness to register.

#### **VOLUNTEERS NEEDED**

**Assistance League of Northern** 

Virginia, a volunteer nonprofit, invites community members to join the organization to participate in its Reading Express program. provide one-on-one tutoring to first grade students during the school year. To learn more contact VP Membership Mary Gronlund at gronbiz@aol.com or Program Coordinator Lvnn Barron at lynnieb517@verizon.net.

United Community (formerly UCM), with main office located at 7511 www.ConnectionNewspapers.com Fordson Road, Alexandria, seeks volunteers for Food Pantry assistance, Early Learning Center teacher aides, basic needs counselors, youth tutors and mentors, office administration/data entry, and community outreach. Flexible hours and schedules. Opportunities for all ages to serve, including community service hours. More info at ucmagency.org/volunteeropportunities or email volunteer@ucmagency.org

Operation Paws for Homes, a Virginia based 501(c)(3) organization seeks volunteers, especially to foster dogs. See www.ophrescue.org for information and all volunteer opportunities.

RSVP, a volunteer network for seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria. offers a wide array of opportunities for volunteers 55 and older. RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings. To sign up for an upcoming orientation, email Carly Hubicki at

chubicki@volunteerfairfax.org or call RSVP at 703-403-5360. To learn more about RSVP, visit www.rsvpnova.org.

Line Dance Instructor needed for the Gum Springs Senior Program once a week on either Tuesday, Wednesday or Thursday. Volunteer Solutions, call 703-324-5406, TTY

Volunteer Fairfax makes it easy for individuals and families, youth and seniors, corporate groups and civic clubs to volunteer. Fulfill hours, give back, or pay it forward through a variety service options. Visit www.volunteerfairfax.org or call 703-246-3460.

STEM VOLUNTEERS. The American Association for the Advancement of Science (AAAS) needs scientists, engineers, mathematicians, and physicians to assist K-12 STEM (Science, Technology, Engineering, Mathematics) teachers in the Northern Virginia Area, during the 2016-17 school year. In the 2015-16 school year, the numbers of STEM volunteers in Northern Virginia were: Fairfax County - 40, Arlington - 20, and Alexandria - one. Details of the collaboration are worked out between the teacher and the volunteer, and may involve giving demonstrations, assisting in lab experiments, lecturing on special topics, assisting with homework, etc. The hours are flexible, and volunteers attend a one-day training in September before being assigned to schools. To see how volunteers are assisting their teachers, view the video clips at www.seniorscientist.org. To volunteer, contact

**Fairfax County's Community** Services Board is seeking volunteer office assistants. Volunteers

donaldrea@aol.com

are needed to assist CSB staff with greeting guests, making reminder phone calls, data entry, filing, shredding, stocking shelves, and other duties as needed. Hours are flexible, but would be during normal business hours. Visit www.fairfaxcounty.gov/csb/viva/ volunteers.htm for more.

Yoga Teachers are needed. Help improve a person's well-being by SEE BULLETIN, PAGE 14



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#### Obituary

#### Obituary



Lorene Marie Graue Ray passed away peacefully on September 6, 2019 at the age of 97. Born in Mineola, Missouri on May 20, 1922, Lorene was preceded in death by her husband, Charles Franklin Ray, III in 2007, he brother Paulie, her parents, Anna Matilda Heldt Graue and Clarence Dietrich Henry Graue and her sister Jewel Graue Ernst, all of Missouri. She is survived by a sister, Mildred Graue Brown of Columbia, Missouri, her daughters Pat Ray (Jerry Woltz) of New Bloomfield, PA, Ellen Ray Rae (Brian Rae) of Alexandria, VA and long-time friend Christine Vick (Radford Koerner) of Alexandria, VA, five grandchildren, Tracy Young of Miami Florida, Nathan Young (Charlotte), R. Colin Deaso (Dawn), Rose Hardee (Brian), and Rachael Deaso-Taylor (Mike Taylor) as well as ten great grandchildren. Lorene was a faithful volunteer of the Mount Vernon Hospital Auxiliary for over three decades. Affectionally known as "Berni" to her grandchildren, Lorene was an accomplished cook, a collector of antiques and a student of Colonial Virginia history.

A memorial service and inumment will be held at Christ Episcopal Church, 118 N. Washington St, Alexandria, VA 22314 on November 16, 2019 starting at 2PM. A reception will follow in the parish hall,

#### Announcements

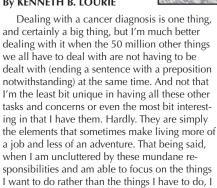
#### Announcements





### When Compounding isn't a Good Thing

By KENNETH B. LOURIE



serious/in my case "terminal," disease. The last month was, and still is, such a month. It all started with my application for a reverse mortgage. After the first company I engaged gave up, I met another, local company who so far has exhibited the wherewithal to get the application approved. However, the structural integrity problem you regular readers know about has impeded the progress I was hoping to have made by now. Not knowing yet the estimate to right this wrong, I am twisting in a bit of an ill wind, and I assure you, it is not improving my demeanor.

am so much more able to fend off the inevitable

demons that haunt any of us diagnosed with a

Yes, "Medicare is in The House," but as of September 27, it's sort of a house divided. Because even though its effective date was September 1st, I've not received an invoice. And since I haven't paid for any new coverage, am I still supposed to cancel my old, in-force "Obama Care?" Moreover, if I don't know exactly what I have, am I supposed to buy a Medicare Supplement for coverage I don't know for sure even exists? I mean, it's not as if my medical welfare/ financial future depends on it. So yes, I'm even more worried, and obviously confused.

If the unresolved reverse mortgage and health insurance situations weren't sufficient enough to stress over, consider my concern for the "Diabetic Duo," our two cats with diabetes. Other than the real possibility that either, if not both, of these cats will die on our watch, the expense of sustaining their lives is past adding up. Items include insulin, syringes, prescription wet food, prescription dry food, two sizes of pee pads (because the liter box has less interest to them or they can't quite see it) and since they're eating and drinking constantly, we're buying more liter than ever before, and vet bills: diabetic boarding when we've been away for a weekend or two and glucose monitoring every week to 10 days to check their sugar level, all times two. Can you say credit card?

Two other extremely mundane tasks have also fallen on me during this time line. Both involving the M.V.A., never an easy process: emissions inspection and a driver's license renewal. Again, not Herculean tasks, but in the middle of all this other stuff. The issue? More money and possibly more hassle to resolve their respective 'issues:' possibly replacing a catalytic converter in the 29 year-old Honda Accord, which has happened previously under identical circumstances, and renewing one's driver's license, which now comes with a host of never-before identification/security requirements which if I don't have/can't prove, present another slew of potential entanglements. And of course, the eye test. I don't wear glasses. What if I fail the test and they tell me I need glasses. Then I have to see my way through that morass, and delay resolving another task.

And just to complicate matters, I am waiting for results from my bi-monthly CT scan and my wife, Dina, is waiting for results from a scan she recently completed. Though neither one of us is the least bit symptomatic, we are hardly dealing in absolutes here. Absolutely though, I will say, I am thrilled to finally check a few boxes. Once I check the rest, I'll be back to abnormal and then I can plan for the future rather than plod through the present.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers



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# BULLETIN BOARD

From Page 13

teaching yoga classes to adults who are staying in a residential facility. The day/time is flexible, but would be during the week. Prior yoga instruction is required. Visit www.fairfaxcounty.gov/csb/viva/volunteers.htm for more.

The Northern Virginia Long Term Care Ombudsman Program needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov.

Respite Care volunteers give family caregivers of a frail older adult a break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact Kristin Martin at 703-324-7577, TTY 711, or

Kristin.Martin@fairfaxcounty.gov.

Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The Gum Springs Senior Program in Alexandria is looking for a Line Dance Instructor. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The Kingstowne Center for Active Adults in Alexandria needs Instructors for the following classes: Country-Western Line Dance, Hula Hoop and African Style Dance. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The Hollin Hall Senior Center in Alexandria needs instructors for the following classes: Basic Woodworking, Italian and Ballroom Dance. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions

The Mount Vernon Adult Day Health Care Center in Alexandria needs front desk volunteers and patient Card Players. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The Advisory Board of the Joe and Fredona **Gartlan Center** for mental health is looking for volunteers. The board meets the second Tuesday of the month from 9-11 a.m. at Gartlan Center 8119 Holland Road.

Mount Vernon At Home is a non-profit organization that relies on volunteers to assist older adults aging in place in their homes. Volunteers are needed for local transportation to medical and personal appointments, errands, and grocery store trips; light handyman chores, home technology and more. No minimum number of volunteer hours required. Call Mount Vernon At Home 703-303-4060 or e-mail info@mountvernonathome.org or visit www.mountvernonathome.org for more.

**Volunteer Advocates for Nursing Home &** Assisted Living Residents needed throughout Northern Virginia. Contact the Northern Virginia Long-Term Care Ombudsman Program at www.fairfaxcounty.gov/dfs/ olderadultservices/ltcombudsman/, or email Lisa.Callahan@fairfaxcounty.gov or call 703-324-5861, TTY 711.

Hollin Hall Senior Center is looking for a DJ ballroom and dance instructor. The Hollin Hall Senior Center, 1500 Shenandoah Road.

The Mount Vernon Adult Day Health Care **Center** is looking for social companions for participants on Fridays from 3-5 p.m. and front desk volunteers on Tuesdays and Wednesdays from 11 a.m.-noon and 3:30-4:30 p.m. Located at 8350 Richmond Highway. For these and other volunteer opportunities call 703-324-5406 or visit www.fairfacounty.gov/olderadults.

#### ONGOING

Mobile DMV. 9 a.m.-4 p.m. at Sherwood Hall Library. Two programs, DMV Connect and DMV 2 GO, will provide full DMV service to the Route 1 area. At the Sherwood Hall service centers, customers can apply or renew their ID cards, drivers licenses take road and knowledge tests. apply for special ID cards, get copies of their driving records, obtain vehicle titles, license plates, decals and transcripts, order disabled parking placards or plates, purchase an EZ-Pass transponder and more. A full list of services is available at www.dmv.virginia.gov.

# FOR YOUR TOYOTA



**WELCOME TO ALEXANDRIA TOYOTA'S** PERSONALIZED CAR CARE EXPERIENCE BUY 3 TIRES AND GET THE 4TH FOR

See Service Advisor for details.

**GOT TIRES?** 

INCLUDES ROAD HAZARD PROTECTION, TIRE WARRANTY, AND FREE COURTESY INSPECTION

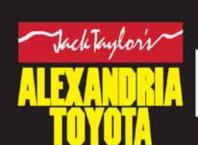
### BONUS: ADD A 4 WHEEL ALIGNMENT FOR \$39.95

#### CHECK ENGINE LIGHT DIAGNOSIS

## NO CHARGE

INITIAL DIAGNOSIS

WE WILL RETRIEVE VEHICLE CODES & GIVE YOU AN ESTIMATE OF REPAIR COSTS.









**SAFETY FIRST ALWAYS! Have Your Vehicle Checked** for Open Campaigns/Recalls Recall Hotline: 703-684-0710

#### **SERVICE & PARTS DEPT HOURS:**

Monday - Friday, 7:00am to 7:00pm Saturday, 8:00am to 5:00pm

YOU HAVE SATURDAY OFF. THAT'S EXACTLY WHY WE DON'T



### **ToyotaCare** Customers

Don't Forget Your FREE Service. 5,000 • 10,000 • 15,000 • 20,000 • 25,000

Mile Services Call your ASM for details

ToyotaCare Plus \$32900

Covers up to 4 years/45,000 mile

OIL & FILTER CHANGE

3750 Jefferson Davis Hwy • Alexandria, VA 22305

Includes: Genuine Toyota oil filter, up to 5 qts of conventional oil\* inspect windshield wipers, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters

ALIGNMENT SPECIAL

Your car's alignment suffers, and can cause uneven tire wear and steering problems. INCLUDES: Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure

NOT VALID WITH ANY OTHER OFFER OR COUPON, TOYOTA VEHICLES ONLY, COUPON MUST BE PRESENTED AT TIME OF WRITE-UP VALID ONLY AT ALEXANDRIA TOYOTA. TAX AND SHOP SUPPLIES ADDITIONAL OFFER EXPIRES 10/31/19

## BRAKE SPECIAL \$**79**<sup>95</sup>

Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. Pads only, MACHINE ROTORS ADDITIONAL

# SIGHT LINE WIPER BLADES

Sight Line only

#### VARIABLE DISCOUNT

\$15.00 OFF when you spend \$100.00 - \$199.99

\$30.00 OFF when you spend \$200.00 - \$299.99 \$45.00 OFF when you spend \$300.00 - \$399.99

\$50.00 OFF when you spend \$400.00 or more

ATTIME OF WRITE OF VALID ONCYCLAL DIOMORIA TOYCHA, DACAND SHOP SUPPLIES ADDITIONAL, OFFERENDRIES 10/31/1



ALEXANDRIA TOYOTA

# FREE

#### BATTERY CHECK-UP

Check cold cranking amps and visual inspection of battery condition, Includes battery condition print out.

### TRUESTART™ BATTERIES

SPECIAL OFFER

INCLUDES BATTERY INSTALLATION

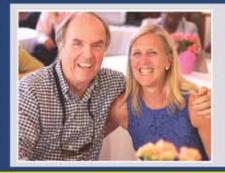
Includes: 84 month warranty, 24 month free replacement,

24 month free roadside assistance. Does not apply to hybrid batteries.

CLEAN AIR A/C INSPECTION & VENTILATION SPECIAL

Includes: Replace cabin air filter, and Toyota Evaporator Service using anti-bacterial toam cleanser and odor eliminator. Bring back that new car smell!

CALL FOR AN APPOINTMENT AT 703-684-0710 OR SCHEDULE ONLINE AT ALEXANDRIATOYOTA.COM



# CHRIS WHITE

73 Homes SOLD in 2018!

Now is the time to call Chris & Peggy White!

Leading the Area in Real Estate. SOLD!!!



# SPOTLIGHT LISTING! | 3717 Carriage House Ct | \$889,000







# **OPEN SUNDAY 1-4PM!**

Uniquely spectacular property in prestigious Riverwood community. One of the area's premier communities, bordering Mt. Vernon Estate on one side and the Potomac river on the other! No expense spared in updating & expanding the residence resulting in an incredibly dramatic property! Major additions include a truly spectacular great room featuring soaring cathedral ceiling, 6 sky lights, floor to ceiling "Andersen: windows, gas fireplace, and custom 8 ft "Andersen" glass doors. Other special features include: sun room, family room off kitchen, four large bedrooms on upper level, finished lower level, and true oversize 2 car garage. Stunning 37 x 25 ft custom deck overlooks beautifully manicured grounds. A truly special property!



#### 4296 Neitzey PI \$1,850,000

Truly spectacular estate in premier setting near the river in prestigious Oxford on the Potomac. Custom home capitalizes on its location with soaring high ceilings, glass walls and multi-level decks designed to capture sweeping views of the river & adjoining views of the views when the

wooded areas. Special features include: multi-story entry foyer, grand room sizes, elegant interior finishes, elevator, truly breathtaking master suite with dramatic river views, and his & hers private baths. Nothing was spared in creating this unique, one of a kind machinisme.



#### 4401 Ferry Landing Rd \$568,950

Most house for the \$ in fabulous Yacht Haven Estates! Classic Mid-Century charm. Features: open floor plan, large room sizes and expansive walls of glass to

bring the natural beauty of the grounds to every corner of he home. Exceptionally spacious with two full finished levels, 4 BR's, 3 Full BA's, 2 FP's, all glass thermal replacement windows, gorgeous .5 acre lot, walk to river and MV Yacht Club



#### 3249 Woodland Ln \$1,060,000

Stunning opportunity! Custom home by Wakefield Homes, the area's leading lixury home builder. No expense was spared in this estate caliber property which was built with numerous upgrades and expanded floor plan. Special features include stunning bright and open floor plan.

2 story entry foyer and family room, Chef's kitchen open to family room, huge master suite, gorgeous hardwood floors, finished lower level w/ full walk out, side load 2 car garage. Gorgeous setting on half acre lot in neighborhood with community access to Little Hunting Creek. Same home build today would cost thousands more!

### POTOMAC RIVER VIEWS!



#### 4116 Ferry Landing Rd \$925,000

Truly stunning propertyl Almost 5,000 luxuriously finished square feet built in 2011 by Brookfield Homes. This "Waverly Model" contains virtually every modern amenity and is loaded with custom upgrades. Special features include: 4 finished levels, spectacular open floor plan, high

ceilings, custom Chef's kitchen, upgraded trim details, hardwood floors, 6 Bedrooms with huge master suite, finished lower level with bedroom, full bath, fineplace, bar and walk out stairs. No expense was spared on exterior hardscaping with custom deck & stone patio with fineplace as well as children's playground. Combination of size, custom features and prime location impossible to duplicate for under \$1 Million. One of a kind opportunity!

# ONE LEVEL LIVING!



#### 4749 Neptune Dr \$995.000

Significent price adjustment! A true estate caliber property! Specious custom home nested on beautifully manioured 3/4 acre grounds near river in prestigious Yacht Haven Estates! Home was carefully craffied with extensive covered verandas and elevated decks to capitalize on the privacy and serenity provided by

porgoous large wooded and lush environment. The home's special featured include: 3 beautifully firished lievels, 5 Bedrooms, stately living and dining rooms, large family room with fireplace, and stunning custom cheffs kilchen. Numerous glass doors lead from major rooms to outside verandax, deal for entertaining! Lot is large enough to accommodate spacious custom pool + extensive grassy area. Unique property providing character & graciousness that would be very difficult to

#### STUNNING SETTING!



#### 9316 Old Mansion Rd \$950,000

Totally unique location. One of the few area properties that provides direct Potomac river views. Enjoy the same sweeping river views that George Washington did from Mt. Vernon Estate which is just upriver from this special property! Other special features include:

beautifully manicured grounds backing to private parkland with community path leading to river. The home is an attractive three level colonial featuring 3 levels, 4 bedrooms on upper level, bright white kitchen, two car garage, walk out lower level and large deck providing elevated private views of woods and fiver. A true natural wonderland!

POTOMAC RIVER VIEWS!

### VIRTUALLY NEW! INCREDIBLE GROUNDS!



# CHRIS WHITE 703.283.9028

www.chrisandpeggywhite.com chris.white@longandfoster.com Alexandria/Old Town Historic - 400 King Street, Alexandria, VA 22314

